

# Membership

Monday – Friday – 7:00am – 10:00pm  
Saturday – Sunday – 8:00am – 8:00pm

LA MON  
COUNTRY CLUB  
★ ★ ★ ★  
FITNESS FAMILY FUN

Membership	Annual Rate	Monthly Rate	Joining Fee
Individual	£540 (save £36)	£48	£50
Joint (2 adults)	£960 (save £36)	£83	£90
Family 1 (2 adults & 2 children)	£1020 (save £60)	£90	£90
Family 2 (2 adults, 2 children, 1 young adult)	£1320 (save £60)	£115	£90
Extra Child	£96	£8	Free
Senior Individual	£360	£30	£50
Senior Joint	£600	£50	£90
Student (ID required)	£396	£33	Free
Young Adult (16-19)	£396	£33	Free

Off Peak (7.00am – 4:00pm, Mon – Fri)

Individual Off Peak	£480	£43	£50
Joint Off Peak (2adults)	£840	£73	£90

PAY UPFRONT FOR 12 MONTHS  
& GET 2 FREE MONTHS.

PAY UPFRONT FOR 6 MONTHS  
& GET 1 FREE MONTH.

La Mon Country Club, 41 Gransha Road, Castlereagh, Belfast, BT23 5RF  
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