

# LA MON

HOTEL & COUNTRY CLUB



## We Support Local Produce

We proudly source from trusted local suppliers, bringing you the freshest, highest quality ingredients - many of which are Great Taste Award winners.

McAtamney's Traditional Butchers  
Carnebrooke  
Blue Door & Lecale Seafoods  
Kirk's Home Bakery  
La Rousse Foods  
Drayne's Ice Cream

## Dietary options available

Please ask your server for details.

Most dishes can be modified to be gluten-free.

Menu items may contain or be in contact with allergens.

For more information, please speak with a manager.

### Allergen codes:

1.Celery 2.Gluten 3.Crustaceans 4.Eggs 5.Fish 6.Lupin 7.Milk 8.Molluscs  
9.Mustard 10.Nuts 11.Peanuts 12.Sesame Seeds 13.Soya 14.Sulphites

(MC: May Contain)



## SNACKS, SANDWICHES & CIABATTA

**Chicken Loaded Fries** £14.00

Skinny Fries, Melted Cheese, Peppercorn Sauce & Spring Onions

(2,7) MC (1,4,5,12,13,14)

**Chilli Beef Nachos** £12.00

Tortilla Chips, Beef Mince, Melted Cheese, Spring Onions

(2,7) MC (1,9,13,14)

**Garlic Bread** £6.00

Add Melted Cheddar Cheese £1.00

(2,7) MC (13)

**Prawn Open Sandwich** £15.00

Coldwater Prawns, Marie Rose Dressing, Wheaten Bread, Coleslaw,  
Lettuce, Egg, Tomato, Cheese & Cucumber

(2,3,4,7,9)

### Sandwiches

**Egg Mayonnaise & Spring Onion** £8.50

(2,4,7,9,13)

**Givan's Ham, Rocket & Ballymaloe Relish** £8.50

(2,7,9,13)

**Tuna, Onion & Mayonnaise** £8.50

(2,5,7,9)

# STARTERS

- Chef's Soup of the Day** £8.50  
Freshly Baked Bread Roll  
(1,2,4,6,7,9,10,11,12,13,14)
- Crispy Salt & Chilli Chicken** £9.50  
Mixed Peppers, Onions & Sweet Chilli Sauce  
(2,4,6)
- Battered Cauliflower Fritters** £8.00  
Curried Vegan Mayo, Salad Garnish  
(2,9) MC (13)
- Prawn Pil Pil** £10.00  
King Prawns, Sourdough Bread, Garlic & Chilli Oil  
(2,3)  
(£3 Supplement)
- Falafels** £8.00  
Ballymaloe Relish, Salad Garnish  
(2,9) MC (10,11,12)
- Bruschetta** £9.00  
Sourdough, Fig Chutney, Fresh Figs, Buffalo Mozzarella, Prosciutto  
(2,7,9) MC (6,10,11)
- Barbeque Chicken Wings** £10.50  
BBQ Sauce, Celery Sticks & Rocket Salad  
(1,2) MC (4,7,9,12,13)  
(£3 Supplement)

Capturing your meal? Tag us!

[@lamonhotelbelfast](https://www.instagram.com/lamonhotelbelfast)



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## MAIN COURSE

**Crispy Buttermilk Chicken Stack** £24.00

Bacon & Parmesan Mash, Peppercorn Sauce & Crispy Onions

(2,4,7,14)

**Linguine Pasta** £18.50

Basil Pesto, Sundried Tomato, Parmesan, Garlic Bread

(2,4,7,10,14) MC (9,13)

**La Mon's Freshly Battered Haddock** £21.50

Chunky Chips, Garden Peas & Homemade Tartare Sauce

(2,4,5,7,9,14)

**McAtamney's 10oz Sirloin Steak** £37.00

Chunky Chips, Vine Tomatoes, Irish Black Butter

(2,7,9,14)

Add Garlic Prawns

(3,7)

(£10 Supplement)

**Chicken Tikka** £19.50

Basmati Rice & Naan

(2,7,14) MC (7,9,10,11,12)

**Pan Seared Salmon** £26.00

Asparagus, Baby Skin-on Potatoes, Lemon & Dill Cream

(5,7,14)

(£5 Supplement)

**Freshly Battered Scampi** £21.00

Skin On Fries, Marie Rose Sauce, Salad Garnish

(2,3,4,5,9) MC (13,14)

**Givan's Gammon Steak** £21.00

Fried Egg, Champ & Parsley Sauce

(4,7,14)

**6oz McAtamney's Irish Beef Burger** £19.50  
Brioche Bun with Rocket, Ballymaloe Irish Stout Sauce, Chunky Chips  
(2,4,7,9,12,13,14) Gluten Free Option Available  
Add Smoked Applewood Cheese, Bacon or 2 Onion Rings - £2.50 per item

**Pie of the Day - See Daily Specials** £19.50

**6oz Steak Sandwich** £25.00  
Ciabatta, Crispy Onions, Rocket, Peppercorn Sauce & Skin On Fries  
(2,7,14) MC (10,12)

## VEGETARIAN/VEGAN

**Vegetable Tikka** £18.50  
Basmati Rice & Naan  
(1,2,14) MC (7,9,10,11,12)

**Plant Based Burger** £18.50  
Vegan Seeded Bun, Ballymaloe Beetroot Slaw, Rocket, Crispy Fries  
(2,12,13) MC (4,7)

## SIDES & SAUCES

£5.00

Creamy Mash (7)	Champ (7)
Skin On Fries (7)	Market Vegetables (7)
Chunky Chips (14)	Tossed Salad (9, 14)
Parmesan & Truffle Fries (4,7)	Sauté Mushrooms (7)
Garlic Chips (7,14)	Onion Rings (2)

£2.50

Coleslaw (4,7,9)	Garden Peas (7)
Pepper Sauce (1,7,9,13,14)	Gravy (1,9,13,14)
Yorkshire Pudding (2,4,7)	

## DESSERTS

<b>La Mon's Pavlova</b>	£8.50
Fresh Cream, Panache of Fruit (2,4,7,14) MC (10)	
<b>Carrot Cake</b>	£8.50
Cream Cheese Frosting, Walnuts (2,4,7) MC (13)	
<b>Amaretto Chocolate Pot</b>	£8.50
Served with Amaretto Biscuits (2,4,6,7) MC (10)	
<b>Biscoff Sundae</b>	£9.50
Drayne's Biscoff Ice Cream, Caramel Sauce, Biscoff Crumb, Cadbury Flake (2,4,7)	
<b>Chocolate &amp; Orange Torte</b>	£9.50
Vegan Ice Cream & Strawberry Garnish (13)	
<b>Seasonal Irish Cheese Selection</b>	£14.00
Chutney, Crackers & Celery (1,2,7,9,12,13,14) MC (10)	

# Sunday Menu

## STARTERS

### **Chef's Soup of the Day £8.50**

Freshly Baked Bread Roll (1,2,4,6,7,9,10,11,12,13,14)

### **Chicken Liver Parfait £9.50**

Fig Chutney, Figs, Toasted Sourdough (1,2,4,7,9,14)

### **BBQ Chicken Wings £10.50**

BBQ Sauce, Celery Sticks, Salad Garnish(1,2, MC 4,7,9,12,13)

### **Cauliflower Bites £8.50**

Battered Cauliflower, Rocket Salad & Vegan Curried Mayo (2,9) MC (13)

### **Panko Breaded Prawns £9.50**

Sweet Chilli Dip (2,3,8) MC (4,5,7,13,14)

## MAINS

### **Traditional Turkey & Ham £22.50**

Chefs Vegetables, Creamy Mash, Roast Potatoes & Rich Gravy (2,7,13,14)

### **Roast Sirloin of Beef £25**

Yorkshire Pudding, Creamy Champ, Medley of Vegetables & Rich Gravy (1,2,4,7,14)

### **Pan Fried Salmon Fillet £24**

Asparagus, Baby boiled Potatoes, Dill & Lemon Cream (5,7,14)

### **Classic Fish & Chips £19.50**

Chunky Chips, Garden Peas & Tartare Sauce (2,5,7,9,14)

### **Pesto Linguine £18.50**

Sun Dried Tomatoes, Parmesan, Garlic Bread (2,4,7,10,14 MC9,13)

### **6oz Beef Burger £19.50**

Brioche Bun, Rocket, Burger Sauce, Pickles & Chunky Chips (2,4,7,12,13,14)

## DESSERTS

### **La Mon's Pavlova £8.50**

Fresh Cream, Panache of Fruit (2,4,7,14) MC (10)

### **Chocolate & Orange Torte £9.50**

Vegan Ice Cream & Strawberry Garnish (13)

### **Amaretto Chocolate Pot £8.50**

Amaretto Biscuits (2,4,6,7,) MC (10)

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6.Lupin 7.Milk 8.Molluscs 9.Mustard 10.Nuts  
11.Peanuts 12.Sesame Seeds 13.Soya 14.Sulphites  
(MC: May Contain)

## SIDES & SAUCES

- £5**
- Creamy Mash (7)
  - Skin On Fries (7)
  - Chunky Chips (14)
  - Parmesan & Truffle Fries (4,7)
  - Garlic Chips (7,14)
  - Champ (7)
  - Market Vegetables (7)
  - Tossed Salad (9, 14)
  - Sauté Mushrooms (7)
  - Onion Rings (2)

- £2.50**
- Coleslaw (4,7,9)
  - Garden Peas (7)
  - Pepper Sauce (1,7,9,13,14)
  - Yorkshire Pudding (2,4,7)
  - Gravy (1,9,13,14)

## TEA / COFFEE

Latte	£3.50
Cappuccino	£3.50
Americano	£2.70
Flat White	£3.50
Mocha	£3.50
Decaf	£2.70
Selection of Herbal Tea Available	£2.45
Selection of Syrups Available	£0.70
Irish Coffee (Whiskey)	£7.15
Calypso Coffee (Rum)	£7.15
Coffee Royale (Brandy)	£7.15

# DRINKS MENU

## SPIRITS

BUSHMILLS	£6.95
JACK DANIELS	£6.95
JAMESONS	£6.75
SMIRNOFF VODKA	£6.95
GORDONS GIN	£6.30
GORDONS PINK GIN	£6.55
BOMBAY SAPPHIRE	£6.95
COPELAND GIN/RUM	£6.95/£6.75
HENDRICKS	£8.50
TANQUERAY/NO. 10	£7.50/£9.50
JAWBOX	£7.50
BACARDI	£6.75
CAPTAIN MORGANS	£6.75
WHITLEY NEIL	£8.00

## LIQUEURS

SOUTHERN COMFORT	£6.70
BAILEYS	£7.20
MALIBU	£6.70
PEACH SCHNAPPS	£6.80
TIA MARIA	£6.70
DISARONNO	£6.70

## DRAUGHTS

GUINNESS	£3.85/£8.00
ORCHARD THIEVES	£3.85/£8.00
CARLSBERG	£3.85/£7.95
PERONI	£3.85/£8.00
SMITHWICK'S RED	£3.85/£7.95
ROCKSHORE	£3.85/£7.95
MORETTI	£3.85/£8.00
HARP	£3.85/£7.95

## BOTTLES

COORS	£7.50
CORONA	£7.50
PERONI	£7.50
BIRRA MORETTI	£8.00
HEINEKEN ZERO	£6.00
MORETTI ZERO	£6.50
WESTCOAST COOLER	£7.50
ORIGINAL/ROSE	
KOPPERBERG	£8.50
MIX FRUIT/TROPICAL	
WKD	£7.50
SMIRNOFF ICE	£7.50

## SOFTS

COKE/SPRITE/FANTA	£3.70
APPLETISER	£3.80
RED BULL	£5.40
SPARKLING WATER	£3.50/£5.80
BABY MIXERS	£3.00
SCHWEPPES MIXERS	£3.30

## NO AND LOW ALCOHOL

GUINNESS ZERO	£7.95
BIRRA MORETTI	£6.75
HEINEKEN	£6.00
TANQUERY ZERO	£5.95
PIERRE ZERO	£13.00
KOPPERBERG	£8.00
SPARKLING WINE	
PAULITA RED/	£8.00
WHITE WINE	

# COCKTAIL MENU

£12.95

## STRAWBERRY DAIQUIRI

BACARDI, STRAWBERRY SYRUP,  
LIME JUICE, SUGAR SYRUP

## ESPRESSO MARTINI

VODKA, KAHULA, ESPRESSO,  
VANILLA SYRUP

## FRENCH MARTINI

VODKA, CHAMBORD,  
PINEAPPLE JUICE

## COSMOPOLITAN

VODKA, COINTREAU, CRANBERRY,  
FRESH LIME JUICE

## BRAMBLE

GORDONS GIN, LIME JUICE, SUGAR SYRUP,  
CHAMBORD, MUDDLED BLACKBERRIES

# WINE LIST

## WHITE WINE 1/4 BOTTLE

Giuliana Pinot Grigio (Italy)  
Citrus and orchard flavours. Ripe, balanced and elegant with crisp acidity. £9.50

Babington Brook Chardonnay (Australian)  
Fresh unoaked Chardonnay with ripe tropical fruit flavours, good acidity and clean finish. £9.50

Paulita Sauvignon Blanc (Chile)  
Lovely aromas of lime and green apples accompanied by refreshing acidity. Very fresh and pleasant. £9.50

## WHITE WINE BOTTLE 750ML

Paparuda Sauvignon Blanc (Romania)  
Tropical fruit aromas and hints of fresh grass on the nose. It is graceful and elegant with lively acidity which adds to the flavour and finish. £32.00

Zagalia Pinot Grigio (Italy)  
Fresh aromas of white & Citrus fruits. £36.50

Babington Brook Chardonnay (Australian)  
An unoaked Chardonnay with ripe tropical fruit flavours, good acidity and clean finish. £37.00

Ten Rocks Sauvignon Blanc  
(Marlborough, New Zealand)  
Freshly Cut grass & Green capsicum aromatics along with lime & passion fruit. £44.50

Willowglen Gewurztraminer Riesling  
(De Bortoli, Australia)  
The palate is generous & balanced with notes of sweet rosewater & Turkish delight. £37.50

Picpoul de Pinet (Saint Peyre, France)  
Aromas of gooseberry and citrus flavours. Fresh and fruity with a long lingering finish. £40.00

Viognier Vin De Pays (Delas Freres, France)  
Aromas of apricots, peaches, exotic fruits & preserved citrus fruits. Smooth and fresh. £40.00

Vina Sobreira Albarino (Rias Baixas, Spain)  
Fruits & white flowers with light touches of green apple & citrus. Rounded, fleshy, with structure and good acidity. £48.00

# WINE LIST

## RED WINE 1/4 BOTTLE

Babington Brook Shiraz (Australia) £10.00  
Aromas of black fruits & pepper. Lovely notes of plums & chocolate with a spicy finish.

Paulita Cabernet Sauvignon (Chile) £9.50  
Medium-bodied with lots of acidity, black cherry fruit and soft tannins.

## RED WINE BOTTLE 750ML

Paparuda Merlot (Romania) £32.00  
Floral aroma of spiced plums, vanilla toffee and peppery aromas with a silky, dry-yet medium body and a long, tangy raspberry finish with elegant tannins.

Babington Brook Shiraz (Australia) £35.00  
Aromas of black fruits & pepper. Lovely notes of plums & chocolate with a spicy finish.

Paparuda Cabernet Sauvignon (Romania) £32.00  
A concentrate of chocolate, wild berry and raspberry, with hints of cranberry and mint on the palate followed by a touch of cloves and nut.

Norte Sur Tempranillo Cabernet Organic £39.00  
Vegan (Spain)  
Red Berries & cherry bouquet, fresh & harmonious with long finish.

Legendary Pinot Noir (Cramele Recas, Romania) £39.00  
Rich with black cherry, raspberry and cinnamon. Deep with pretty fruit cake and spicy aromatics. Lingering aftertaste.

Tank no 26, Appassimento Nero d'Avola £40.00  
(Cantina Minini, Italy)  
Light & dry, makes this wine balanced & present.

Bodegas Lurton Piedra Negra Malbec £45.00  
(Mendoza, Argentina)  
Ripe red fruits with a good structure and tannins are soft & smooth. The finish is long with notes of coffee.

Finca del Marquesado Rioja Crianza £43.00  
(Bodegas Valdemar, Spain)  
A very rounded, well balanced wine with a full, long aftertaste.

St Esprit Cotes du Rhone (Delas Freres, France) £43.00  
Berry fruit, violet, liquorice & spices. Full, rounded palate with delicate tannins.

Chameleon Cabernet Merlot (Jordan, South Africa) £43.00  
Sun-ripened plum & dark-skinned spring berries with a top note of herbal dried mint.

# WINE LIST

## ROSÉ WINE ¼ BOTTLE

Devil's Ridge White Zinfandel £9.50  
(California, USA)  
This sweet blush wine is packed with juicy strawberry and raspberry flavours with a twist of lemon zest.

## ROSÉ WINE BOTTLE 750ML

Paparuda Rose (Romania) £32.00  
Raspberry and floral aromas, with strawberry, apple with spice flavours and a zesty finish.

## SPARKLING WINE & CHAMPAGNE

Valdo Prosecco (200ml) £14.95  
Fruity flavours; pleasant acidity; bright, refreshing with a zesty finish.

Vino Frizzante £14.00  
Fruity notes with aromas of apple, pear and citrus; fresh and light

Valdo Prosecco (Italy) £41.00  
Fruity flavours; pleasant acidity; bright, refreshing with a zesty finish.

Veuve Clicquot Brut Yellow Label Champagne (France) £90.00  
Refreshing & decadent  
Only one quality, the finest'. It's rich – but balanced by ripe and zingy notes of citrus.

Capturing your stay? Tag us!

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