

# Dining at La Mon

## STARTERS

**CHEFS SOUP OF THE DAY & FRESH BREADS** (1,2,4,7,10,12,13,14) **£5.25**

**CAESAR SALAD (AV V)** (2,3,4,7,9,14) **£6.95**

Lettuce, Bacon, Caesar Dressing, Parmesan Shavings, Garlic Croutons

**CLASSIC PRAWN COCKTAIL** (1,2,3,7,14) **£6.95**

Marie Rose Sauce, Wheaten Bread

**HOMEMADE CHICKEN LIVER PARFAIT** (2,4,7,13,14) **£6.50**

Cumberland Sauce, Brioche Toast

**NACHO PLATE (V)** (7,14) **£6.50**

Cheese, Salsa, Jalapenos, Sour Cream, Guacamole Dip

**SALT & CHILLI SQUID** (2,4,8,9) (AV GF) **£8.00**

Asian Slaw & Pineapple Salsa

## MAIN COURSE

**LAMB SHANK** (1,4,7,14) (£5 Supplement) **£19.95**

Red Onion Mash, Chefs Vegetables & Rich Gravy

**CHICKEN SUPREME** (1,4,7,9,14) **£18.50**

Seasonal Vegetables, Champ, Bacon Shard & Peppercorn Sauce

**SKIN ON COD LOIN** (5,7) **£19.50**

Comber mids potatoes, chorizo, Sun Blushed Tomato & Spinach

**LA MON'S CLASSIC FISH & CHIPS** (2,4,5,7,9,14) **£17.50**

Salt & Vinegar Mushy Peas, Tartare Sauce & Triple Cooked Chips.

**CHICKEN CURRY MADRAS** (1,4,9,14) **£17.50**

Basmati Rice, Poppadum, Mango Chutney

**WHOLETAIL TIGER PRAWNS IN TEMPURA BATTER** (2,3,4,7,9,14) **£18.50**

Tartare Sauce, Salt & Vinegar Mushy Peas, Triple Cooked Chips

**8OZ BEEF BURGER** (2,4,7,13,14) **£16.50**

Baby Gem Lettuce, Tomato, Onion Ring, Cheese, Crispy Back Bacon, Brioche Bun & Triple Cooked Chips

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## MAIN COURSE

<b>10oz DRY AGED SIRLOIN</b> (1,2,7,9,14) (£8 Supplement)	<b>£25.00</b>
Slow Roast Tomato, Mushroom, Onion Ring, Peppercorn Sauce, Triple Cooked Chips.	
<b>ESCALOPE OF SALMON</b> (1,3,5,7,14)	<b>£18.50</b>
Prawn Bisque & Buttery Mash	
<b>COQ &amp; BULL</b> (1,2,7,9,14) (£5 Supplement)	<b>£19.50</b>
Seared Chicken Breast, 4oz Sirloin Steak, Onion Ring, Buttery Champ & Peppercorn Cream	
<b>WILD MUSHROOM &amp; BLACK TRUFFLE RISOTTO (V)</b> (1,14)	<b>£16.50</b>
<b>PLANT BASED VEGAN BURGER (V)</b> (1,2,14)	<b>£16.50</b>
Sweetcorn Chutney, Tomato, Lettuce, Vegan Bap & Sweet Potato Fries	
<b>SPINACH &amp; RICOTTA TORTELLINI (V)</b> (1,2,4,7)	<b>£16.50</b>
Tomato & Basil Sauce	

## **SANDWICHES AVAILABLE 12-5PM**

Choose from white or granary bread. Gluten-Free bread available on request.

### OPEN SANDWICHES ON WHEATEN BREAD

**Prawn & Marie Rose** (1,2,3,4,7,9,14)

**Sugar Baked Ham** (2,4,7,9,13,14)

**£10.25**

### SANDWICHES

**Egg, Spring Onion & Mayonnaise** (2,4,7,9,13,14)

**Tuna Mayonnaise & Red Onion** (2,4,5,7,9,13,14)

**Honey Roast Ham, Egg & Salad** (2,4,7,13,14)

**£7.50**

**WARM PANINI Sweet Chilli Chicken & Cheese, Coleslaw & Shoestring Fries (2,4,7,9,14) £10.50**

### SIDE ORDERS

**Seasonal Vegetables (7) | Tossed Salad (9, 14) | Skinny Fries (7) | Buttery Mash (7) | Onion rings (2,3)**

**Triple Cooked Chips (13) £4**

**Pepper Sauce (1,7) £2.25**

**Sweet Potato Fries | Garlic Chips (7,13) | Sweet Chilli & Crème Fraîche Chips £4**

Dietary options are available. Menu items may contain or be in contact with allergens. For more information please speak to a manager.

Allergen codes: 1.Celery 2.Gluten 3.Crustaceans 4.Eggs 5.Fish 6.Lupin 7.Milk 8.Molluscs 9.Mustard 10.Nuts 11.Peanuts 12.Sesame Seeds 13.Soya 14.Sulphites.



## Dessert Menu

# Sweet Treats

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**CHEESECAKE OF THE DAY**

**(2,4,13,14)**

**PROFITEROLES WITH WARM CHOCOLATE SAUCE**

**(2,4,7,10)**

**FRESH FRUIT PAVLOVA**

**(4,7,10)**

**INDIVIDUAL LEMON MERINGUE**

**(4,6,7,10)**

**£6.50**

**SELECTION OF IRISH CHEESES (1,2,4,7,12,13,14)**

**CHUTNEY, GRAPES & CRACKERS**

**£7.50 (Supplement £1.50)**

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