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# LA MON

HOTEL & COUNTRY CLUB



## DINING MENU



We Support Local Produce  
Here are our Local Supplier's & Great Taste  
Award Winning Products List:  
McAtamneys Butchers, Elmore Seafoods, North  
Down Group, Comber New Potatoes, Ballylisk  
Dairies Cheese & Dale Farm Ice Cream.



## STARTERS

- Chefs Soup Of The Day** (1,2,4,7,10,12,13,14) £6.50  
Freshly Baked Bread
- Grilled St Toda Goat's Cheese Salad** (7,14) £6.95  
Rocket, Beetroot & Balsamic Reduction
- North Atlantic Tiger Prawns** (2,3,7,14) £8.50  
Smoked Chilli & Garlic Butter, Roasted Red Pepper & Toasted Sourdough Bread
- Toasted Focaccia** (2,7) £6.95  
Tomato, Basil, Mozzarella, Basil Oil
- Honey & Sriracha Mc Atamneys Chicken Wings** (4) **Small - £8.50**  
**Large - £16.50**  
Fresh Chilli, Coriander & Lime, Garlic Mayo

- Beetroot Risotto** (4,14) **Small - £6.95**  
Spring Onions, Herbs, Parmesan **Large - £15.95**  
Crisp & Lemon Dressing

## MAIN COURSE

- Buttermilk Mc Atamneys Chicken Fillet** £18.95  
(2,7,14)  
Bacon & Parmesan Mash, Onion Rings, Pan Gravy

- Braised Slaney Valley Lamb Shank** (1,7,14) £29.95  
Olive Oil Mash, Tender Stem (£7.50 Supplement)  
Broccoli & Blackberry & Rosemary Jus

- North Atlantic King Prawn Linguine** (2,3,7) £16.00  
Chilli, Garlic, Lemon Butter & Garlic Bread

- Mc Atamneys - 6oz Burger** (2,4,7,14) £16.95  
Mature Cheddar, Relish, Rocket, Brioche Bun, Triple Cooked Chips  
Add: Bacon or Onion Rings: £1.99 per item

- Elmores - Sustainably Sourced Battered Fish 'n' Chips** (2,4,5,7,9,14) £18.50  
Fresh Garden Peas, Tartare Sauce & Triple Cooked Chips

- Mc Carren's BBQ Rack of Ribs** (4,7) £22.95  
Corn on the Cob, Coleslaw, Skin On Fries

- Half Roasted Glinvalley Chicken** (1,7,14) £21.95  
Buttered Kale, Saute Comber Potatoes & Madeira Jus

- Chicken Curry Madras** (1,2) £16.95  
Flatbread, Mango Chutney, Rice

- Mc Atamneys - 10oz Sirloin** (2,7,9,14) £34.00  
Triple Cooked Chips, Tomato, (£7.50 Supplement)  
Onion Rings, Peppercorn Sauce

## VEGAN & VEGETARIAN

- Chickpea & Mushroom Curry** (1,14)  £14.50  
Coriander Basmati Rice, Pickled Red Onion
- Plant Based Tenders** (2,9,13,14) £15.95  
Vegan Mayo, Skin on Fries & Salad

- Stir-Fry Noodles** (2,12,13) £14.50  
Pak Choi, Soy & Ginger, Toasted Sesame Seeds

- Spiced Cous Cous** (2) £14.50  
Seasonal Greens, Pepperonata, Basil Pesto

## SANDWICHES

- Choose Your Bread:** £8.50  
White, Granary or Gluten-Free With Butter or Mayo served with a Salad Garnish

- Choose 1 Filling:**  
Tuna & Mayo, Roast Beef, Givans Ham, Turkey, Chicken or Bacon

- Choose 1 Salad:**  
Red Onion, Lettuce, Tomato, Rocket, Egg, Cheese

Toasties Available On Request

## SIDES

- Market Vegetables** (7) | **Tossed Salad** (9, 14) | **Skin On Fries** | **Champ** (7) | **Onion Rings** (2 ) | **Triple Cooked Chips** | **Creamy Mash** (7) | **Sauté Mushrooms** (7) £5.00

- Garden Peas** (7) | **Coleslaw** (4,7,9) £2.50  
**Corn on the Cob** (4)  
**Pepper Sauce** (1,7,9,13,14) | **Gravy** (1,7,9,13,14)

- DESSERT** £6.95  
Served With A Choice Of Fresh Cream or Ice Cream

- Individual Tiramisu** (2,4,7,13)  
Chocolate Sauce & Strawberries

- Amaretto Cake** (2,4,7,13)  
Halved Peach

- Chocolate Mousse Torte** (2,4,7,10,13)  
Caramel Chips & Blackberries

- Cheesecake of the Day**  
Ask Your Server

- Dessert Of The Day**  
Ask Your Server

- Vegan Chocolate & Orange Tart ( 13 )**  
Ice Cream

- Cheese Board** ( 1 , 2 , 4 , 7 , 12 , 13 , 14 ) £9.95  
Ballylisk Cheese Selection, Fig Chutney (£3.00 Supplement)  
& Crackers

Dietary options are available. Menu items may contain or be in contact with allergens. For more information please speak to a manager. Allergen codes: 1.Celery 2.Gluten 3.Crustaceans 4.Eggs 5.Fish 6.Lupin 7.Milk 8.Molluscs 9.Mustard 10.Nuts 11.Peanuts 12.Sesame Seeds 13.Soya 14.Sulphites.