

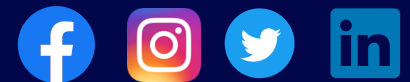


DINING MENU

LA MON
HOTEL & COUNTRY CLUB
★ ★ ★ ★



We Support Local Produce
Here are our Local Supplier's & Great
Taste Award Winning Products List:
McAtamneys Butchers, Carnbrooke
Butchers, Elmore Seafoods, North Down
Group, Comber New Potatoes, Ballylisk
Dairies Cheese & Dale Farm Ice Cream.



STARTERS

Chefs Soup Of The Day £6.95

(1,2,4,7,10,12,13,14)

Irish Stout Wheaten Bread

Grilled Goats Cheese (7,14) £6.95

Roasted Figs, Frisee Lettuce,
Balsamic Dressing

Elmores Smoked Salmon £9.50

(2,4,5,7,14)

Supplement £5.00

Pickled Beetroot, Rocket,
Chive Creme Friache,
Irish Stout Wheaten

Classic Caesar Salad £6.95

(2,4,5,7,9,13)

Baby Gem, Bacon Lardons,
Garlic Croutons

Salt & Chilli Chicken Wings Small - £8.50

(7,14)

Sour Cream

Large - £16.50

Supplement £3.00

Sweet Potato Falafel (g) £6.95

Frisee Lettuce, Ballymaloe Relish

MAIN COURSE

Honey Chilli Chicken £17.95

(1,2,4,7,12,13)

Roasted Peppers & Onions, Basmati Rice

Carnebrooke Glazed Bacon Chop £22.95

(7,14)

Buttery Champ, Savoy Cabbage,
Rich Pan Jus

Wild Mushroom Linguine £16.95

(2,4,7,14)

White wine Cream, Herbs, Parmesan

Add Chicken £2.00

Carnbrooke- 6oz Burger £18.50

(2,4,7,9,12,13)

Applewood Smoked Cheddar,
Tomato Relish, Lettuce, Tomato,
Brioche Bun, Skin on Fries

Add: Bacon or Onion Rings: £1.95 per item

Elmores - Sustainably £17.95

Sourced Battered Fish 'n' Chips

(2,4,5,7,9,14,MC 10)

Fresh Garden Peas, Tartare Sauce &
Triple Cooked Chips

Thai Green Monkfish Curry £22.50

(3,5)

Supplement £5.00

Basmati Rice, Pak Choi, Burnt Lime

Carnebrooke - 10oz Sirloin £34.00

(2,7,9,14,MC 10)

Supplement £10.00

Triple Cooked Chips, Tomato,
Onion Rings, Peppercorn Sauce

VEGAN & VEGETARIAN

Chickpea & Mushroom Curry £14.50

(1,14)

Coriander Basmati Rice, Pickled Red Onion

Plant Based Tenders £16.95

(2,9,13,MC 10)

Vegan Mayo, Skin on Fries & Salad

Stir-Fry Noodles £15.50

(2,4,12,13,MC 10)

Pak Choi, Soy & Ginger,
Toasted Sesame Seeds

Spiced Cous Cous £14.50

(2,7,10,11)

Seasonal Greens, Peppercornata, Basil Pesto

SANDWICHES

Choose Your Bread: £8.50

White, Brown or Gluten-Free

Tuna, Red Onion & Mayonnaise (2,4,5,7,9,13,14)

Givans Ham & Salad (2,4,7,9,13,14,MC 10)

Egg & Spring Onion (2,4,7,9,13,MC 10)

Open Prawn Sandwich (1,2,3,4,5,7,9,14) £9.95

Salad, Marie Rose Sauce,
Irish Stout Wheaten Bread

Soup & Sandwich Combo

Add a bowl of soup to your choice
of sandwich and get
complimentary tea or coffee.

Only £12

12pm - 3pm Daily

Open Prawn Sandwich Not Included

SIDES

£5.00

Market Vegetables (7)

Tossed Salad (9, 14)

Skin On Fries

Champ (7)

Onion Rings (2)

Triple Cooked Chips

Garlic Bread (2,4)

Garden Peas (7)

Creamy Mash (7)

Sauté Mushrooms (7)

£2.50

Coleslaw (4,7,9) | Pepper Sauce (1,7,9,13,14) | Gravy (1,7,9,13,14)

DESSERT

£6.95

Fresh Fruit Pavlova

(4,7)

Fresh Cream

Knickerbocker Glory

(2,7,13)

Strawberry, Coulis, Vanilla Ice Cream,
Marshmallows, Cream & wafer

Cheesecake of the Day

(2,4,7,13,14,MC 10,11)

Ask Your Server

Chocolate Ganache Pudding (

2,4,7,13)

Ice Cream

Cheese Board £9.95

(1,2,7,12,13,14, MC 10) Supplement £5.00

Ballylisk Cheese Selection,
Ballymaloe Spiced Cranberry &
Crackers

Please note: We offer Gluten Sensitive options but do not operate in a fully Gluten Free Kitchen.

Dietary options are available. Menu items may contain or be in contact with allergens. For more information please speak to a manager. Allergen codes: 1.Celery 2.Gluten 3.Crustaceans 4.Eggs 5.Fish 6.Lupin 7.Milk 8.Molluscs 9.Mustard 10.Nuts 11.Peanuts 12.Sesame Seeds 13.Soya 14.Sulphites. (MC: May Contain)

Daily Specials Available. Please ask a member of our team.